

Yad anghri kamala dvandvam, dvandva taapa nivaarakam; Taarakam sarvadaa padbhyhah, shri gurum pranamaamyaham.

I bow to my Guru's two lotus feet, which destroy the painful delusion of duality and always protect me from misfortune.

Shri Guru Gita - 108 Sutras for Awakening

verse 41



Ajñaana mula haranam,
janma karma nivaaranam;
Jñaana vairaagya siddyartham,
guru paado dakam pibet.

Bow to the Guru's feet and imbibe his essence.
Thus you will attain knowledge and detachment.
The karmas, which are at the root of your ignorance,
will be destroyed and the cycle of rebirth
will be brought to an end.

Shri Guru Gita - 108 Sutras for Awakening

verse 40



Shoshanam paapa pankasya, deepanam jñaana tejasaam; Guru paado dakam samyak, samsaarar nava taarakam.

The stream of Shakti from the Guru's lotus feet removes all obstacles, lights the flame of knowledge and takes one across the ocean of samsara, the endless cycle of birth, decay, death and rebirth.

Shri Guru Gita - 108 Sutras for Awakening

verse 42

Shrinaatha charana dvandvam, yasyaam dishi viraajate; Tasyai dishe namas kuryaad, bhaktyaa prati dinam priye.

Tasyai dishe satatam añjaliresha aarye, prakshipyate mukharito madhupair budhaish cha; Jaagarti yatra bhagavaan guru chakra varti, vishvodaya pralaya naataka nitya saakshi.

O Beloved, pranam with love to the Guru's feet every day, making an offering of prayers and devotion to him wherever he may be.

He is always fully awake and at one with Pure Consciousness, witnessing the drama of myriad world systems arising and dissolving.

Shri Guru Gita - 108 Sutras for Awakening



Vande guru pada dvandvam,
vaan manash citta gocharam;
Shveta rakta prabhaa bhinnam,
shiva shaktyaat makam param.

I bow to the two lotus feet of my Guru, one white, embodying Shiva; one red, embodying Shakti. My speech and mind focus on the contemplation of this divine mystery.

Shri Guru Gita - 108 Sutras for Awakening

Yat paada renu kanikaa, kaapi samsaara vaaridheh; Setu bandhaayate naatham, deshikam tam upaasmahe.

Sapta saagara paryanta, tirtha snaanaadikam phalam; Guror anghri payo bindu, sahasraamshe na durlabham.

Even a few particles of dust from my Guru's feet are enough to build a bridge for me to cross over the vast ocean of samsara.

Even one—thousandth part of a single drop of water that has touched the Guru's feet equals the boon of bathing in all of the holy waters across the seven seas. To the Guru I bow.

Shri Guru Gita - 108 Sutras for Awakening

verse 45



Sarva shruti shiroratna,
viraajita padaambujah;
Vedaantaam buja suryo yas,
tasmai shri gurave namaha.

Luminous with the wisdom of Vedanta, like the sun continually radiating its light, the Guru's lotus feet emanate the great Truths, the crest jewels of the four Vedas:

Tat Tvam Asi – I Am That,

Prajñanam Brahman – Consciousness is Brahman,

Aham Brahmaasmi – I Am Brahman,

Ayam Atma Brahman – The Self is Brahman.

Shri Guru Gita - 108 Sutras for Awakening

verse 46

Paadaabjam sarva samsaara,
daavaanala vinaashakam;
Brahma randhre sitaambhoja,
madhyastham chandra mandale.

The Guru's lotus feet are in the mandala of the moon in Brahmaranadhra, in the thousand petal chakra at the crown of the head. The cooling essence of the moon extinguishes the raging fires of worldly existence.

Shri Guru Gita - 108 Sutras for Awakening