

intro 1



Om asya shri gurugitaa stotra mantrasya
bhagavaan sadaashiva rshih
Naana vidhanni chandaamsi
shri guru paramaatmaa devataa.

*Om. Salutations to the Lord Sadashiva
who is the divine source of these mantras.
The guru, the supreme atman, is its deity.*

Shri Guru Gita - 108 Sutras for Awakening

intro 2



Ham bijam
sah shaktih krom kilakam
shri guru prasaada siddhayarthe
jape viniyogaha.

*Ham is its seed, sa is its power and krom is the
anchor that holds the syllables of the mantras
together. I recite the Guru Gita now
to draw the Guru's grace.*

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verse 1



Kailaasa shikhara ramye,
bhakti sandhaana naayakam;
Pranamya paarvati bhaktyaa,
shankaram parya prchata.

*Knowing that Lord Shiva held the secret
of Guru Yoga, the Goddess Parvati
bowed to him with reverence
on the summit of Mount Kailas and said:*

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verse 2



Shri devyuvaccha:
Om namo devadevesha,
paraatpara jagad guro;
Sadaashiva mahaadeva,
guru dikshaam pradehi me.

Kena maargena bho svaamin,
dehi brahmamayo bhvet;
Twam krpaam kuru may svaamin,
Namaami charanau tava.

*O Great lord, O Ruler of all the worlds, I long to
know the path that will lead me to Awakening.
Please have compassion on me. Show me the way,
O supreme Teacher of the Universe.
I bow to your feet My Lord.*

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verse 3



Ishvara uvacha:
Mama rupaasi devi tvam,
tvat prityartham vadaam yaham;
Loko pakaarakah prashno,
na kenaapi krtah puraa.

*Lord Ishvara said:
O Beloved, you are my very Self.
Your love and devotion draw from me
this secret knowledge, inspired by
your longing, which is so rare.*

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verse 4



Durlabham trishu lokeshu,
tach chrnushva vadaamyaham;
Gurum vinaa Brahma naanyat,
satyam satyam varaanane.

*Here is the secret knowledge that is
difficult to attain in the three worlds.
Listen to it carefully as I reveal it to you now.
The Absolute is the same as the Guru.
This is the truth, O beautiful One, this is the truth.*

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verse 5



Guru buddhyaat mano naanyat,
satyam satyam na samshayaha;
Tallaa bhaartham prayat nastu,
kartavyo hi manishibhihi.

*The Guru is the same as the Self,
the same as Consciousness itself.
This is the truth. This is the absolute truth.
Those who seek wisdom should make
every effort to find their Guru.*

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verse 6



Sarva paapa vishuddhaatmaa,
shri guroh paada sevanaat;
Dehi brahma bhaved yasmaat,
tvat krpaartham vadaami te.

*Let me explain to you how an embodied soul
becomes Enlightened. By offering seva at the
feet of the Guru and drawing his grace,
all obscurations are purified.*

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verse 7



Dhyaanam shrnu mahaadevi,
sarvaananda pradaayakam;
Sarva saukhya karam nityam,
bhukti mukti vidhaayakam.

*Lord Ishvara said:
I shall describe to you a form
of meditation that grants boons,
generates happiness, and bestows Bhukti,
which is worldly fulfillment, and Mukti,
which is spiritual awakening. O great Goddess,
listen to this teaching with one-pointed concentration.*

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verse 8



Guru paadaam bujam smrtvaa,
jalam shirasi dhaarayet;
Sarva tirthaa vagaahasya,
sampraapnoti phalam naraha.

*Think of the Guru with every action you perform.
If you sprinkle water on your head while remembering
the lotus feet of Shri Guru, you obtain the same
benefits as bathing in all the places of pilgrimage.*

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verse 9



Guroh paado dakam pitvaa,
guro rucchishta bhojanam;
Guru murte sadaa dhyaanam,
guru mantram sadaa japet.

*Always meditate on the Guru's form.
Sip from the Guru's water and eat
from the food that he has left.
Constantly repeat the mantra he has given you.*

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verse 10



Kaashi kshetram tannivaaso,
jaahnavi charano dakam;
Gurur vishveshvarah saakshaat,
taarakam brahma nishchitam.

Guroh paado dakam yattu,
gayaa sau saukshayo vataha;
Tirtha raaja prayaagash cha,
gurumurte namo namaha.

*The Guru is the gateway to liberation, like Varanasi,
like the Ganges, and the holy banyan tree Akshaya.
The Guru is himself Vishveshvara – the Shiva of Varanasi,
with the Ganges at his feet. He is the Prayag,
the confluence of the three holy rivers at the pilgrimage
center of Gaya. Pranam to the Guru again and again.*

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